Speaking From a Place Without Words

Client-created Metaphor in an Integrative Psychotherapy Framework: Perspectives on therapeutic interventions with children under eleven

Metaphor becomes the key to new possibilities bringing "self-created 'insight' and therapeutic change." (Kopp 1995).

Integrative Practice enables the client to "assimilate and harmonise" their inner self (Erskine and Trautmann 1993).

"About your research?..."



What was it about?

How practitioners, working therapeutically with children under 11, respond to and work with client-created metaphor.

"I investigated..."



Who took part?

Nine practitioners from a range of theoretical approaches...

What was your methodology?

Qualitative - Phenomenological Inquiry



How did you secure your research ethics?

In my thoughts and actions: holding the research and its participants in a place of confidence and non-harm.



What did the data collection and processing construct?



Stages

Stage

Α IJ

A model to capture the essence of experience (McLeod 2003)

Triangulation Essence of experience - poem

Α

Т

What did you find out?



All nine participants practiced in a framework of therapeutic integration where metaphor enabled children to 'speak' from a place without words as expressed in the poem: "Your Creations Our Endeavours"...

