

😊 Encouragement Starters 😊

“Encouragement is the increasing self-confidence and respect for oneself” (Dreikurs and Sholtz, - Happy Young Children p. 32)

... “a young person needs encouragement just as a plant needs water” (Happy Children p.29)

These phrases can be used as an initial prompt for encouraging children:

I’m glad...

You’ve worked hard to...

I appreciate the time you took to...

I believe you can do...

It didn’t work out this time, but I’m sure you’ll...

I’ve noticed how determined you are when...

When you take responsibility I feel...

It felt tough when you...

I saw your courage when...

I appreciate it when...

It’s great to know you can...

I have confidence in you when...

